

Information for patients

Your healthcare professional has prescribed **Clipper**[®] to help manage your ulcerative colitis. This leaflet is designed to give you some key information about your medicine, but please remember to read the Patient Information leaflet inside the pack before starting your treatment.

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Why have I been prescribed this medicine?

- Ulcerative colitis (UC) is a disease where inflammation develops in your large intestine (the colon and rectum). The most common symptom when the disease flares up is diarrhoea mixed with blood.
- You have been prescribed **Clipper**[®] because your normal medicine for managing your ulcerative colitis needs some additional support to treat a flare up of symptoms. This is why you need to take it in addition to your aminosalicylate medicine.

What is Clipper[®]?

- It is a tablet which contains the active substance beclometasone dipropionate belonging to a group of medicines known as corticosteroids (more commonly called 'steroids'). Steroids occur naturally in the body and are needed in low amounts for healthy functioning.
- When taken as medication, a steroid can reduce the inflammation in the lining of the intestine. The most common corticosteroid is Prednisolone, which is systemic – it can affect the entire body.
- **Clipper**[®] is similar to Prednisolone, but delivers the medicine to the intestines specifically, and therefore has fewer known side effects.

How does it work?

- Each tablet contains 5mg of beclometasone dipropionate and is in the form of a gastro-resistant prolonged-release tablet.
- It is made with a coating that allows it to pass through the stomach without dissolving until it reaches the large intestine or bowel, where the coating breaks down for the beclometasone dipropionate to be released slowly.



How to take Clipper®?

- Always take **Clipper®** as your healthcare professional has explained to you.
- The usual dose is one tablet in the morning, taken either before or after a light breakfast. Swallow the tablet whole (this means do not break, crush, or chew it). Swallow the tablet with a drink of water.
- Continue to take a tablet each day, even if you feel better, until your healthcare professional tells you to stop. You will be prescribed a course of treatment that lasts for up to four weeks.
- Try to take your doses at the same time of the morning each day. Doing this will help you to remember to take **Clipper®** regularly.

What if I miss a dose?

- If you do forget to take a dose, take it as soon as you remember.
- If you do not remember until the following day, leave out the missed dose completely - do not take two doses on the same day to make up for a missed dose.



What are the possible side effects?

- The Patient Information Leaflet inside the pack has a list of possible side effects and you may find this information helpful.
- Although not everyone experiences side-effects, and some will improve as your body adjusts to the new medicine, speak with your healthcare professional if you become concerned about any symptoms, even if it is not listed in the advice leaflet.
- The adverse reactions found during clinical studies in patients treated with **Clipper**[®] were all classified as mild or moderate and were all uncommon.

Reporting of side effects: If you get any side effects, talk to your doctor, pharmacist or nurse. This includes any possible side effects not listed in the package leaflet. You can also report side effects directly via the Yellow Card Scheme at: <http://yellowcard.mhra.gov.uk> for the UK or www.hpra.ie for Ireland. By reporting side effects, you can help provide more information on the safety of this medicine.

- **Uncommon** means that they may affect **1 person in 100 people**. **Some of these side effects include:**



Tell your healthcare professional as soon as possible if you suffer from any of these side effects but do not stop treatment unless told to do so.





What does the tablet look like?

- **Clipper 5 mg Gastro-resistant Prolonged-release Tablets** are ivory white and are round and convex in shape. The box is shown above.

How do I store Clipper®?

- Keep this medicine out of the sight and reach of children.
- Do not use this medicine after the expiry date which is stated on the carton and label. The expiry date refers to the last day of that month.
- This medicine does not require any special storage conditions.
- Do not throw away any medicines via wastewater or household waste. Ask your pharmacist how to throw away medicines you no longer use. These measures will help to protect the environment.



Summary

- Always take as directed by your healthcare professional.
- Take in the morning – before or after a light breakfast.
- Swallow whole with a drink of water.
- If you feel better or unwell, continue to take your treatment until your healthcare professional tells you to stop.
- Do not take two doses on the same day to make up for a missed dose.
- Speak with your healthcare professional if you have any concerns.

